GOLD STANDARD SWHEY

CHOCOLATE COCONUT

Serving Size 1 Rounded Scoop (32g)

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Amount Per Serving	
Calories 130	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 110mg	5%
Total Carbohydra	te 4g 1 %
Sugars 2g	
Protein 24g	48%
STANDS BY VOW WHITE	1000 to 1 1000 000 000 000 000 000 000 000 000
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 2%

Not a Significant Source of Dietary Fiber.

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per g	ram:		
Fat 9	Carbohydra	ate 4	Protein 4

INGREDIENTS: Protein Blend (Whey Protein Isolates, Whey Protein Concentrate, Whey Peptides), Cocoa (Processed with Alkali), Natural and Artificial Flavors, Lecithin, Salt, Creamer (Sunflower Oil, Maltodextrin, Modified Food Starch, Dipotassium Phosphate, Tricalcium Phosphate, Tocopherols), Acesulfame Potassium, Aminogen®, Sucralose, Lactase.

ALLERGEN INFORMATION: CONTAINS MILK AND SOY (LECITHIN) INGREDIENTS.